



Ka Pai Kai AOTEAROA

Nourishing the minds of the future generation



Term 1 - Menu 1 - 2024

Weeks 1, 2, 7 and 8

A wide range of various dietary needs are catered for.
Please note that ākonga/student meals may vary from the titles listed below:

Monday



Main	Teriyaki beef mince and veggie donburi
Dietary Main	Vegan teryaki and veggie donburi
Snack	Fresh fruit

Tuesday

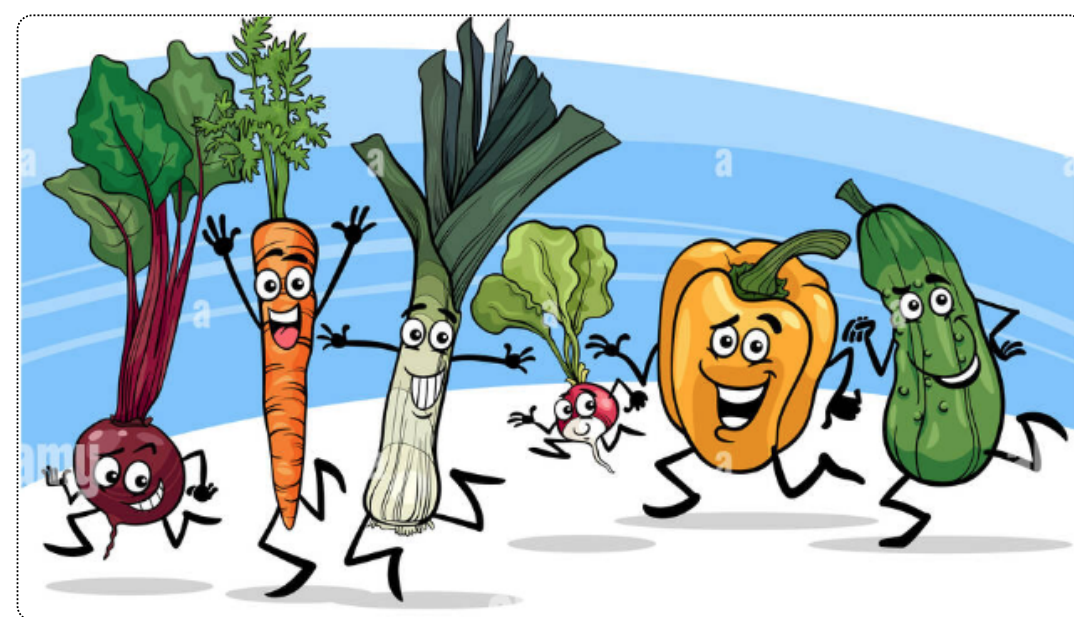


Main	Crumbed chicken, cheese and salad wrap lunchbox
Snack	Crunchy carrot sticks and hummus
Dietary Main	Vegan tenders and salad wrap lunchbox
Dietary Snack	Crunchy carrot sticks and dip

Wednesday



Main	Beef curry with rice
Snack	Naan bread
Dietary Main	Chickpea curry with rice
Dietary Snack	GF pita bread



Thursday



Main	Sliced ham and cheese salad bun
Snack	Yoghurt
Dietary Main	Vegan pattie and salad bun
Dietary Snack	Fruit salad

Friday



Main	Roast chicken drumstick with mash, corn cob, peas and gravy
Snack	Sweet muffin
Dietary Main	Vegan tenders with mash, corn cob, peas and gravy
Dietary Snack	Fruit salad

** Ka Pai Friday treat ** 9/2/2024



Main	Chicken pesto pasta
Snack	Sweet muffin
Dietary Main	Creamy vegan pasta
Dietary Snack	Fruit salad